

ENGLEWOOD INSIDER

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Upcoming Dates

Sept. 3 & 17 - Milk ordering closes at 11pm

Sept. 3 & 17 - PEI School Food ordering closes at noon

Sept. 11 - Bulldog Blue - Wear Blue to school

Sept. 15 - Home & School Meeting 6:30 - 8pm

Sept. 16 - Grades 7-9 are attending Come From Away

Sept. 17 - **Meet the Staff Night** Starts at 6pm

Sept. 17 - Picture Day

Sept. 25 - Terry Fox Run

Sept. 29 - Orange Shirt Day

Sept. 30 - National Day for Truth and Reconciliation (**No School**)



Welcome Back!

A huge welcome back to all our Englewood students and families! A special hello to everyone joining our school family for the first time—we're so happy to have you with us.

Together, we make Englewood a wonderful place to learn and grow. If you'd like to help shape school events, support student programs, or simply meet other parents, the Home & School Association is the place to be.

While our regular Home & School meetings run on the second Tuesday of each month (6:30–8:00 PM in the school library), **we are pushing our first meeting back by one week to the third Tuesday, September 15.** With the first day of classes landing on the second Tuesday, we know everyone will have their hands full settling into the new routine!

We hope to see you on the 15th—drop in, say hello, and hear what's in store for the year ahead. New faces and fresh ideas are always welcome!

Support Englewood with COSPEI 50/50!

COSPEI is our primary fundraiser, bringing in an average of ~\$1,300 per month last year to fund vital school activities and projects.

We post weekly draw reminders every Tuesday morning on Facebook. Buying tickets and sharing our posts makes a huge impact—thank you for supporting our students!

Terry Fox Run & Fundraising

Englewood is gearing up for our annual Terry Fox Run on **Friday, September 25th**! Students will be walking and running together on the school grounds to celebrate Terry's spirit of determination.

How to Support:

Online: check your inbox for an update in the coming days with a link to make a secure, tax-deductible donation.

At School: Students can bring in a **Toonie for Terry** (or any spare change) to their homeroom class during Run week.

Every dollar raised goes directly to cancer research through the Terry Fox Foundation. Let's see how much hope our Bulldogs can raise together!

Home & School Updates

Picture Day Helpers Needed!

Picture Day at Englewood is an important event, and we need your help to make sure our students look their best! We are looking for volunteers from approximately **8:30 a.m. to noon September 17th** to help with a variety of tasks, including straightening shirt collars and tidying any stray hairs. Your help will be most needed in the morning, as the photographer typically starts with the Kindergarteners and works their way up.

If you are available to lend a hand, please email Nicole David in the school office. We appreciate your support in making Picture Day a success!

Road Safety

Another school year has begun and this is the time to remind all motorists that children get to school and back home safely with awareness and education. Find out more info on the Public Schools Branch's [School Bus Planner](#).

Staying Connected Online: Our New Facebook Spaces

As shared recently by school administration, we are updating how we communicate on Facebook this year to keep information organized and secure:

- **New Private Group for Current Bulldog Families:** Managed directly by Englewood school staff, this private group is reserved exclusively for parents and guardians of current students. It will be the central hub for day-to-day announcements, school events, and student highlights. If you have children attending Englewood this year, **please email the office and request to be invited or check instructions in your peek-of-the-week email.** (Please be sure to answer the membership questions upon requesting entry so staff can verify and add your family!)
- **New Home & School Public Page:** Run by the Home & School executive, this public page is open to our broader community, extended families, and alumni. It will feature general updates, community-wide notices, fundraiser details, and Home & School meeting announcements. Follow along here: **<https://www.facebook.com/englewoodhs>**

We encourage all current families to connect with both spaces so you never miss an update!

School Breakfast Program Update

A healthy morning makes for a great day of learning! Starting the second week of classes, our breakfast snack program is back with a weekly lineup:

- **Mon & Wed:** Yogurt tubes
- **Tues & Thurs:** Toast days (now featuring tasty new flavoured spreads!)
- **Fri:** Fresh fruit or nutritious baked treats

How You Can Help:

With grocery costs rising, our operating budget remains significantly tighter than we'd like. If you are able to help support this essential program, financial donations are warmly welcomed and go directly toward purchasing food for our students.

Tax receipts are available.

To make a contribution or learn more, please reach out to the school.

Thank you for helping nourish our school community!

Join Us for Meet the Staff Night!

Looking forward to meeting everyone at our Meet the Staff night. It will kick off at 6:00pm when doors to the classrooms will open. Families are invited to drop in to classrooms to meet staff members and put names to faces. Be sure to introduce yourselves!

At 6:20pm, everyone will be asked to move up to the lobby/outside areas for some more socializing. The Cavendish Farms Fry Truck is going to be here. We'll also be giving out water and a treat.

There is no cost for this event. Please use this time to get to know other families in our wonderful school community.

Event Details: Thursday, September 17th from 6:00pm to 7:00pm

We look forward to catching up with our returning families and giving our new Bulldog families a warm Englewood welcome!



School Therapy Occupational Therapy (OT) Program

Hi everyone! My name is Rebecca Murray, and I am the Occupational Therapist (OT) who will be working at Englewood Consolidated School this school year. I am excited to be part of your school community and to work alongside students, school staff, and families. I will be at Englewood every Day 6, beginning mid-September.

While at Englewood my focus will be to work together to support students in kindergarten to grade 6; however, I am also available to support students in junior high.

Throughout the school year, I will work together with teachers, school staff, and students to help create learning environments that are accessible and inclusive for all students. To provide support where students learn and play, I may be spending time in classrooms, small groups, the gym, library, music class, hallways, cafeterias, the playground, etc..

Occupational therapists are regulated health care professionals who work with children in many different settings and understand the importance of environmental set-up, adaptations, accessibility, motor development, sensory processing, emotional regulation, and executive function to best support students with participating in their learning, building confidence, developing independence, and experiencing success at school.

OTs support students in school with participating in

- **Personal care:** bathroom routines, putting on and removing outdoor clothing and footwear - including fasteners (e.g., snaps, zippers, buttons, shoelaces), opening and closing lunch containers, feeding self, etc.
- **Classroom and school routines:** transitioning between activities or spaces within the classroom or school, organizing, and locating school materials, participating in classroom routines, participating in Phys Ed, library, music, recess, and playground activities, etc.
- **Learning-based activities:** using classroom tools (e.g., scissors, pencils, glue stick, learning manipulatives, etc.), expressing learning through cutting, colouring, drawing, printing, cursive writing and using technology, self-regulation, and executive functioning with respect to focusing attention, organizing self, and starting work in a timely manner, etc..
- **Managing the sensory demands of a school environment:** managing the sound of the school bell and /or announcements, sounds and movement in busy corridors, sounds in the gym, sounds during assemblies, lighting in the school, feel of learning materials, etc.
- **Managing the physical environment:** accessing spaces when using mobility aids (e.g., wheelchairs, walkers, etc.), accessing appropriate classroom desk and chair heights, using flexible seating options and optimal learning spaces, using equipment for personal cares and technical access (e.g., change tables, lift systems, switches for environmental controls or communication devices), etc.

Families are important partners in supporting student success. If you have questions about OT services at your child's school, or if you would like to discuss concerns you may have related to your child's participation at home or at school, please feel welcome to contact me rnmurray@ihis.org or 902-213-3248, or your child's school.

Rebecca Murray, OT Reg.(PEI)

Occupational Therapist, School Therapy OT Program